Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Friday 22 Jul 2022 until 23:59 on Saturday 23 Jul 2022

Forecast Issued on Thursday 21 Jul 2022 at 15:01 by Met Office Aberdeen

Confidence: High for mainly dry, quiet conditions on Friday, and for strengthening winds and rain moving in during Saturday. Lower confidence on shower details on Sunday and Monday.

Headline for Friday 22 Jul 2022: Mainly dry and rather cloudy. Light winds at all levels.

Mountain weather hazards on Friday 22 Jul 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Cloudy	Cloudy	Sunny intervals	Cloudy	Cloudy	Cloudy	Cloudy
Precipitation probability							
<05%	<05%	<05%	10%	10%	20%	20%	10%

Forecast for Friday 22 Jul 2022

Weather: Many climbing areas will be dry with mostly cloudy skies. However there will be some brighter interludes, best over north Highlands. Thicker cloud in the afternoon may produce a few light showers.

Chance of cloud-free hill tops above 800m: 60%

Low cloud and visibility: Fairly extensive cloud cover and very poor visibility above about 700 to 800m, becoming more broken at times, especially in north of area. Good visibility below the cloud layer.

Check our weather forecast every day to get the most accurate and up to date information
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Forecast for Friday 22 Jul 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	11/15 E	14/18 E	13/18 E	13/17 SE	10/13 SE	7/11 SE	9/13 SE	11/15 SE	10/14 SE
900	13/18 E	14/18 E	13/18 E	12/17 SE	9/13 SE	7/10 SE	9/13 SE	11/15 SE	10/13 SE
600	7/12 E	12/17 E	12/16 E	11/16 SE	8/12 SE	6/9 S	6/10 SE	9/13 SE	7/11 SE
300	5/14 E	7/15 E	7/14 E	6/13 E	4/10 SE	3/9 S	4/9 SE	4/10 E	3/8 E
Glen	8/15 NE	10/14 NE	10/14 E	9/13 E	4/7 SE	5/9 SW	3/6 E	7/9 E	5/7 SE

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	6/4	6/2	6/3	7/4	8/6	9/7	8/6	8/5	7/5
900	7/4	7/3	7/4	8/5	9/7	10/8	9/7	8/6	8/6
600	10/8	10/7	10/7	11/8	12/10	12/12	12/10	11/9	10/9
300	11/11	11/10	11/10	13/12	14/14	14/14	13/12	12/11	11/11
Glen	14/12	14/12	14/12	16/14	17/17	17/16	16/16	15/14	14/14
Freezing Level*	2100m	2100m	2200m	2200m	2200m	2400m	2400m	2400m	2400m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Good walking conditions thanks to dry weather and light winds. However extensive cloud cover at higher elevations will spoil some views.

Forecast for Saturday 23 Jul 2022

Weather: Deceptively dry, bright start. Soon becoming cloudy with outbreaks of rain spreading in from West Coast to most ranges during the morning. Brighter skies and some heavy showers will follow in the afternoon.

Maximum wind: Strengthening southerly winds over higher ridges and summits. Average speeds of 20mph increasing 30mph during morning with gusts 45mph developing over the tops.

Chance of cloud-free hill tops above 800m: 70% reducing 30% for a time, always best in east.

Low cloud and visibility: Good visibility at first with clouds above many of the tops. Clouds will become extensive lower down the hills for a time, especially in west of area with visibility becoming poor as rain moves in. Higher cloud bases and good visibility returning during afternoon in north and east of area.

Temperature: **Glens:** 12 Celsius rising to 18 Celsius.
At 800m: Plus 11 Celsius.
Freezing level: Above the tops.

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